

Excerpt from dRecipe® manual version 1.3.9

Inventory Tab

To add a new Inventory item, type Alt-N, or click on the New button. The screen changes to display “New Inventory Item”, and the cursor waits in the Product name field. The Save button will not become available (or enabled) until the Product name, Common Name, Weight, Cost and Supplier fields have been filled out.

As from version 1.3.8, a new field called “Declare Ingredients” has been added. Where the current ingredient is known to include substances for which the Food Standard (1.2.3) requires a mandatory declaration, those substances need to be listed in this field. This simply means that if the item includes an antioxidant which has been made from soy products, the word “Soy” must be inserted here. If the item is almonds, then the word “Almonds” must be inserted. Where multiple substances are being declared, leave a single space between each of the substance names. Capitalisation is irrelevant, as formatting is automatic.

The screenshot shows the 'New Inventory Item' form. It has a red header with the text 'New Inventory Item'. The form contains the following fields and controls:

- Product: Text input field
- Common Name: Text input field with a dropdown arrow
- Declare Ingredients: Text input field
- Weight (Kg): Text input field with value 0
- Cost (\$): Text input field with value 0
- Supplier: Text input field
- Last Quantity: Text input field with value 0
- Last Cost (\$): Text input field with value 0
- Is a Flour: Checkbox, checked
- Nutrient Values per 100g: A panel containing nine text input fields, all with value 0:
 - Energy (Kj)
 - Protein (g)
 - Fat (g)
 - where Saturated Fat (g)
 - Carbohydrate (g)
 - of which - Sugars (g)
 - Sodium (mg)
 - Potassium (mg)
 - Dietary Fibre (g)

Version 1.3.9 disables the declarations field whenever a Generic ingredient is selected. All declaration entries must be made with a base ingredient.

Last quantity and Last cost are purely for your own information, and are not necessary for calculation purposes.

If the new item is a flour, click in the Base Ingredient (or Is a Flour) checkbox before saving (once the Save button is enabled and displaying green, then the Enter key will save the new item). This checkbox status will enable the ingredient calculation to determine the flour content of a recipe.

The nine nutrient values must be all filled in if the automatically generated Nutrient Panel is to produce accurate figures. A basic selection of ingredients with their correct nutrient values is supplied with the program.